



## **Care Instructions Following Sealant Applications**

A preventative sealant has just been placed on one or more of your child's permanent teeth in order to prevent cavities on the tooth's biting surface. The sealant material is now fully hardened and your child may resume normal eating and chewing.

Following its application, a sealant may feel a bit high when your child bites down. This will self-correct in a few days.

Sealants will resist wear for many years under normal circumstances. However, chewing ice, hard candy or other hard, brittle objects should be avoided, as this habit may not only damage the sealant, but may also fracture restored and healthy teeth.

Sealants may require periodic repair if the portions of the sealant wear or fracture in particularly decay-prone areas. The integrity of the sealants will be evaluated at every checkup appointment.

**ChestnutDental.com**  
**PEDIATRIC \* ORTHODONTIC \* ADULT**